

P A L O M A

PRIVATE EVENTS

H A N D B O O K

Signature & Milestone Experiences

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SIGNATURE EXPERIENCES



Our core offerings anchor every private event at PALOMA and may be booked individually or woven together to create a multifaceted journey. These experiences are foundational to our wellness philosophy – designed to ground the spirit, awaken the senses, and reconnect you to yourself and each other.

Each Signature Event is crafted to blend ancient traditions with modern, luxury wellness practices, creating an immersive, restorative atmosphere. From the deep resonance of a sound bath to the insight of an aura reading, these offerings serve as the heart of PALOMA's private experiences.

Whether enjoyed on their own or paired with complementary practices, Signature Events provide the perfect anchor for personal moments of care, group connection, and transformative gatherings.

THE INNER LIGHT

Aura Photography + Intuitive Reading

Description: Your aura is your energetic signature—an expression of how you show up in the world. This private experience blends intuitive insight and visual art to help you better understand your energy field and how it interacts with others.

You'll receive a Polaroid-style aura photo, a personalized reading, and a keepsake box complete with a guide to interpreting your results.

Perfect For:

- Personal growth
- Deepening energetic connection within your group.

What Is Included:

- Aura photography for each guest
- Personalized intuitive reading for each guest
- Complimentary snacks and infused water
- Food and drinks for additional price

Set Up:

- Standard Seated Set Up (1-8)
- Standard Platform
- Aura Tray
- Aura Camera Station (Healing Room)
- Snack Table (Styled)
- Aura Light

Materials:

- Aura Boxes
- Film
- Clearing/Smudging Items

Gifts:

- Aura Box

THE INNER LIGHT

Aura Photography + Intuitive Reading

Instructor's Guide

Session Length: 1H (1-4) Guest | 1.5H (5-6) Guest | 2H (7-8) Guest

- **Welcome Circle**

- Introduce yourself & set the tone for the session
- Explain aura photography & intuitive readings
- Encourage openness, curiosity, and celebration

- **Aura Photography & Intuitive Readings**

- Each guest: photo + mini reading
- Emphasize supportive energy & roles in the group

- **Closing Circle**

- Reflect & share experiences

THE GROUNDING RITUAL

Guided Meditation

Description: Experience guided relaxation in our softly lit Meditation Dome. Choose from one of our themed meditation journeys—from grounding and clarity to self-love or creativity. Attendees recline in comfort and are guided through a calming practice that ends with time to connect over warm beverages. A beautiful standalone experience or a perfect pairing before deeper intuitive work.

Perfect For:

- Deepening understandings
- Breath work and anxiety
- Peaceful activity

What Is Included:

- Guided Meditation
- Complimentary snacks and infused water
- Food and drinks for additional price

Set Up:

- Standard Seated Set Up (1-8)
- Standard Platform
- Snack Table (Styled)
- Candle Light
- Cacao
- iPod
- Ayurvedic oils

Materials:

- Clearing/Smudging Items
- Optional: Oracle Cards

Gifts:

- None

THE GROUNDING RITUAL

Guided Meditation

Instructor's Guide

Session Length: 1H (1-8) Guest

- **Welcome Circle**

- Introduce yourself & set the tone for the session
- Explain meditation and its importance
- Encourage openness, curiosity, and celebration

- **Guided Meditation**

- Possibly having a chosen theme for meditation
- Open with an Ayurvedic sent journey

- **Closing Circle**

- Reflect & share experiences
- Cacao served

THE RESONANT ECHO

Sound Bath

Description: In the serene space of our meditation dome, you'll be invited to lie down, close your eyes, and let the world fade away. As the resonant tones of Crystal Alchemy bowls fill the air, soothing vibrations wash over you—calming the mind, relaxing the body, and quieting restless thoughts.

Guided by your meditation instructor, this journey will help you release tension, restore balance, and drift into a deeply meditative state. You'll leave feeling lighter, clearer, and renewed, with a sense of peace that lingers well beyond your time in the dome.

Perfect For:

- Individuals feeling stressed, anxious, or mentally fatigued
- Anyone seeking better sleep and emotional balance
- Groups gatherings centered on mindfulness and relaxation
- Wellness days to reconnect and unwind

Whats Included:

- Guided Sound Healing
- Complimentary snacks and infused water
- Food and drinks for additional price

Set Up:

- Standard Seated Set Up (1-8) | Standard Bed Set Up (1-6)
- Sound Bath Platform
- Snack Table (Styled)
- Candle Light
- Cacao
- Bolster
- Eye mask
- iPod
- Ayurvedic oils

Materials:

- Additional Sound Tools
- Clearing/Smudging Items

Gifts:

- None

THE RESONANT ECHO

Sound Bath

Instructor's Guide

Session Length: 1H (1-8) Guest

- **Welcome Circle**

- Introduce yourself & set the tone for the session
- Explain the practice of sound healing
- Encourage openness, curiosity, and celebration

- **Sound Bath**

- Possibly having a chosen theme for sound bath
- Open with an Ayurvedic scent journey

- **Closing Circle**

- Reflect & share experiences
- Cacao served

SACRED LINES

Palmistry

Description: Explore the ancient art of palmistry with an expert hand analyst and intuitive healer. This private session includes a group introduction to palm reading, followed by 30-minute mini-readings for each participant. Learn what your palms reveal about your life path, innate strengths, and potential blocks. A fascinating experience for curious minds looking to unlock the secrets written within their palms.

Perfect For:

- Friends seeking a unique, interactive experience
- Spiritual seekers interested in self-discovery
- Anyone wanting a deeper understanding of their life path

Whats Included:

- Introduction into the art of palmistry
- Personalized readings for each individual
- Complimentary snacks and infused water
- Food and drinks for additional price

Set Up:

- Standard Seated Set Up (1-8)
- Standard Platform
- Palmistry Tray
- Palmistry Station (Healing Room)
- Snack Table (Styled)
- Candle Light

Materials:

- Palmistry Papers
- Palmistry 101 Handout

Gifts:

- Palmistry Papers
- Palmistry 101 Handout

SACRED LINES

Palmistry

Instructor's Guide

Session Length: 2H (1-4) Guest | 3H (5-6) Guest

- **Welcome Circle**

- Introduce yourself & set the tone for the session
- Explain the history and art of Palmistry
- Encourage openness, curiosity, and celebration

- **Palm Readings**

- Each guest receives their own individual reading

- **Closing Circle**

- Reflect & share experiences

THE INNER ARCHITECT

Human Design

Description: This energetic system is like a user manual for your soul. Using birth data, we create a chart that shows how your energy is designed to operate in the world—how you lead, connect, make decisions, and flow best. Whether you're booking this for a team, a couple, or personal transformation, this experience is both mystical and practical. Leave with a newfound clarity on who you are and how to honor your unique essence in daily life.

Perfect For:

- Gaining clarity on your natural strengths and purpose
- Learning how to make decisions with more ease and confidence
- Understanding your way of leading, connecting, and creating
- Releasing patterns that keep you out of alignment
- Deepening self-trust and honoring your authentic essence

Whats Included:

- Introduction of Human Design
- Human Design packets
- Individual Human design readings
- Personalized frame
- Complimentary snacks and infused water
- Food and drinks for additional price

Set Up:

- Standard Seated Set Up (1-8)
- Standard Platform
- Human Design Tray
- Snack Table (Styled)
- Aura Light

Materials:

- Human Design Packet
- Human Design Sheet
- Personalized HD Frame

Gifts:

- Human Design Packet (PLACED IN SHOPPER PRIOR TO EVENT)
- Human Design Sheet
- Personalized HD Frame

THE INNER ARCHITECT

Human Design

Instructor's Guide

Session Length: 2H (1-4) Guest | 3H (5-8) Guest

- **Welcome Circle**

- Introduce yourself & set the tone for the session
- Explain the science of human design and it's benefits
- Encourage openness, curiosity, and celebration

- **Human design Readings**

- Each guest receives their own individual packet and frame
- Each guest has their human design explained and discussed

- **Closing Circle**

- Reflect & share experiences

SOUNDS OF ALIGNMENT

Reiki + Sound Bath

Description: In this healing experience, a reiki master and shamanic healer work with crystal sound bowls to bring transformation, an increased amount of love energy, clarity of mind, awareness, activated creativity, inner peace and DNA repair. The harmonics and pure tones made by the sound bowls are not just heard by the ear, but by the whole body - with certain tones affecting your energy centers for meditation, shifting energy for balancing and healing. Post the sound healing session, the healers leave you with a meaningful message for you to hold and cherish.

Perfect For:

- Those releasing stagnant energy and welcoming fresh clarity and inspiration
- Cultivating inner peace and harmony during times of stress or transition
- Groups looking to support spiritual growth, transformation, and energetic alignment

Whats Included:

- Sound Bath
- Reiki
- Personalized message
- Complimentary snacks and infused water
- Food and drinks for additional price

Set Up:

- Reiki Bed Set Up (1-6)
- Standard Platform
- Reiki Station (Healing Room)
- Snack Table (Styled)
- Candle Light

Materials:

- Journals

Gifts:

- Journals

SOUNDS OF ALIGNMENT

Reiki + Sound Bath

Instructor's Guide

Session Length: 2H (1-6) Guest

- **Welcome Circle**

- Introduce yourself & set the tone for the session
- Explain the benefits of Sound Healing and Reiki
- Encourage openness, curiosity, and celebration

- **Sound Bath/Reiki/Intuitive Counseling**

- Focused Sound Bath
- Group and Individual Reiki Sessions
- Personalized Counseled Moment in Healing Room
- Guest receive journal and message to take away from event

- **Closing Circle**

- Reflect & share experiences
- Cacao served

THE GUIDED PULL

Tarot Reading

Description: Come together for a collective experience of reflection and connection. The ritual begins with a candle ceremony, where a purple candle represents spiritual growth, curiosity, and self-discovery. Guests are invited to receive a personalized mini tarot reading in a shared setting, encouraging thoughtful conversation, support, and meaningful insights. A beautiful way to connect through the power of intuition.

Perfect For:

- Creating deeper bonds through shared moments of insight
- Sparking meaningful conversations and mutual support
- Inviting intuition and reflection into group gatherings
- Exploring new perspectives and guidance in a warm, communal space

Whats Included:

- Opening Candle Ceremony
- Individual Tarot Card Pull and Reading for each guest
- Complimentary snacks and infused water
- Food and drinks for additional price

Set Up:

- Standard Seated Set Up (1-8)
- Standard Platform Set Up
- Tarot Tray
- Snack Table (Styled)
- Candle Light

Materials:

- Tarot Cards
- Candle and Onxy dish
- Journal Paper
- Writing Tools
- Clearing/Smudging Items

Gifts:

- None

THE GUIDED PULL

Tarot Reading

Instructor's Guide

Session Length: 1H (1-4) Guest | 2H (5-8) Guest

- **Welcome Circle**

- Introduce yourself & set the tone for the session
- Explain in more depth how Tarot Cards work
- Encourage openness, curiosity, and celebration

- **Candle Ceremony**

- Instruct them to light candles and place on tray to open portal and deepen insights

- **Tarot Card Pull and reading**

- Personal Reading
- Overall group reading

- **Closing Circle**

- Reflect & share experiences

TAILORED MILESTONE EVENTS



Our Milestone Events are thoughtfully curated private gatherings designed to honor life's most meaningful moments with intention, beauty, and renewal. Whether you're celebrating a birthday, bachelorette party, work retreat, or a deeply personal transformation, PALOMA creates bespoke wellness experiences that transcend the ordinary.

Each event is uniquely tailored to your group's energy and needs – weaving together mindful rituals, energy alignment practices, and opportunities for deep connection. From joyous celebrations to soulful ceremonies, these gatherings are infused with the PALOMA touch: a harmonious blend of luxury, wellness, and authentic human connection.

Guests leave not only with beautiful memories but also with a renewed sense of balance, belonging, and inspiration.

THE CEREMONY BEFORE

The Ultimate Bridal Party Experience

Description: Before the big day, bring your closest circle together for a wellness-centered celebration that honors the bride's journey. This unique experience invites each guest to explore their energetic connection to the bride through aura photography, intuitive insights, and intention-setting rituals. It's a moment of reflection, alignment, and radiant bonding – designed to infuse the wedding celebration with deeper meaning.

Perfect For:

- Bachelorette parties
- Bridal showers
- Intimate pre-wedding gatherings

Whats Included:

- Aura photography of the bride + intuitive mini-reading
- Aura photography for each guest w/ the bride
- Personalized intention-setting water ritual
- Botanical mocktails
- Complimentary snacks and infused water
- Food and drinks for additional price

Set Up:

- Standard Seated Set Up (1-8)
- Standard Platform
- Water Ritual Tray
- Aura Camera Station (Healing Room)
- Snack table (styled)
- Aura Light
- Mocktail Station

Materials:

- Aura boxes and film
- Water-soluble paper
- Feather pens
- Selenite slab
- Brass ritual bowls + Dried Herbs & flowers

Gifts:

- Each guest: Aura box

Mocktail Notes:

- The signature drink will be selected during booking
- Pre-place for presentation

THE CEREMONY BEFORE

The Ultimate Bridal Party Experience

Instructor's Guide

Session Length: 2H (1-4) Guest | 2.5H (5-6) Guest | 3H (7-8) Guest

- **Welcome Circle**

- Introduce yourself & set the tone for the session
- Explain brief summary of event
- Encourage openness, curiosity, and celebration

- **Toast**

- Botanical mocktails
- Toast to the bride & collective energy

- **Aura Photography & Mini Readings**

- Bride: Photo & personal reading
- Each guest: Duo photo with bride + mini reading
- Emphasize supportive energy & roles in the bride's journey
- All photos taken then sit for reading

- **Intention-Setting Ritual**

- Guests write blessings for the bride on water-soluble paper
- Group release into water bowl for symbolic cleansing & unity

- **Closing Circle**

- Reflect & share experiences

A GIRLS' NIGHT IN

An Evening of Magic & Connection

Description: Trade the hangover for a heart-opening high. This mystical evening blends intuitive rituals, astrological insight, and playful connection. Whether you're marking a birthday or craving meaningful time with your circle, gather in a sacred space that invites you to ground, glow, and celebrate together—without the noise.

Must Provide Birth Info on Final Payment Day

Perfect For:

- Girls' nights
- Wellness parties
- Soul-connected friendships

Whats Included:

- Group tarot or oracle readings
- Mini astrology compatibility insights & element mapping
- Guided manifestation ritual (spell jar activity)
- Botanical mocktails
- Complimentary snacks and infused water
- Food and drinks for additional price

Set Up:

- Standard Seated Set Up (1-8)
- Standard Platform
- Ritual Spell Jar Tray
- Snack table (Styled)
- Candle Light
- Mocktail Station

Materials:

- Tarot or oracle decks
- Element Sheet
- Pre-filled spell jars supplies (remove scroll prior to event)
- Feather pens
- Selenite slab

Gifts:

- Spell jars
- Element Print Out

Mocktail Notes:

- The signature drink will be selected during booking
- pre-place for presentation

A GIRLS' NIGHT IN

An Evening of Magic & Connection

Instructor's Guide

Session Length: 2H (1-4) Guest | 2.5H (5-6) Guest | 3H (7-8) Guest

- **Welcome Circle**

- Light grounding or intention-setting
- Share the evening's flow & set expectations

- **Mocktail Toast + Gift**

- Serve botanical mocktails
- Open conversation & light-hearted blessing/toast

- **Astrology Compatibility & Element Mapping**

- Review Big Three basics from printed workbook
 - Discuss group's elemental makeup (Earth, Air, Fire, Water)
- Pass out Element Sheet

- **Group Tarot/Oracle Reading**

- In a circle or one-on-one with group listening
- Read group energy

- **Manifestation Ritual**

- Group spell jar creation with writing and placing manifestation scroll in jar
- Encourage personal intention setting

- **Closing Circle**

- Reflect & share experiences

THE SOLAR RETURN RITUAL

Celebrating You and the Year to Come

Description: Step into your new year with presence, reflection, and ritual. Designed to honor your solar return, this experience is both soulful and celebratory—guiding you to reflect on your growth, align with your present, and energetically call in your next chapter. Mark the moment with intention and feel your inner light renewed.

Perfect For:

- Solo birthday reflections
- Intimate birthday gatherings
- Milestone celebrations

Whats Included:

- Breath Work Ceremony with Cleansing Water
- Guided Meditative Sound Bath
- Oracle Reading
- Smudging Ceremony led by instructor
- Complimentary snacks and infused water
- Food and drinks for additional price

Set Up:

- Standard Seated Set Up (1-8) | Standard Bed Set Up (1-6)
- Sound Bath Platform
- Breath Work Ritual Tray
- Snack table (Styled)
- Candle Light
- Bolster
- Eye mask
- iPod
- Ayurvedic oils

Materials:

- Cleansing Water
- Linen Handkerchief
- Smudging Materials
- Oracle cards

Gifts:

- Suede Solar Return Ritual Kit

THE SOLAR RETURN RITUAL

Celebrating You and the Year to Come

Instructor's Guide

Session Length: 1.5H (1-8) Guest

- **Welcome Circle**

- Welcome birthday guest
- Overview of experience

- **Cleansing Water and Breath work**

- Show how to gently place the cleansing water onto the linen as a symbol of renewal
- Lead participants through calming breathing exercises while using the linen

- **Sound Bath**

- Combine a guided meditation with sound healing that focuses on presence and reflection

- **Oracle Reading**

- Do a focused pull and reading for the guest of honor
- Read group energy

- **Smudging and Clearing Ceremony**

- Gently go around the room with sage and palo santo and help cleanse the group

- **Closing**

- Reflect & share experiences

THE COLLECTIVE ALIGNMENT

The Guide to Team Synergy

Description: Unlock your team's potential through energy alignment and intuitive collaboration. The Alignment Workshop is a one-of-a-kind team-building experience that redefines connection in the workplace. By exploring group dynamics through immersive mapping and mindful practices, this session fosters harmony, deeper understanding, and more impactful collaboration. This experience blends insightful modalities with practical tools to help your group thrive together.

Perfect For:

- Corporate retreats
- Leadership training
- Team-building sessions

Whats Included:

- Group Compatibility Mapping: Choose from Human Design, Astrology, or Numerology
- Meditation & Breath work 101: Cultivate calm and clarity
- Complimentary snacks and infused water
- Food and drinks for additional price

Set Up:

- Standard Seated Set Up (1-8)
- Standard Platform
- Human Design Tray (swap for Numerology or Astrology printouts)
- Snack Table (Styled)
- Ayurvedic oils

Materials:

- Modality Kits (based on booking choice)
 - Human Design: packet, personal sheet, frame
 - Astrology: Astrology Team Building Sheet
 - Numerology: Number charts, calculation sheets,

Gifts:

- HD Frame and printouts
- Numerology printouts
- Astrology printouts

THE COLLECTIVE ALIGNMENT

The Guide to Team Energy & Synergy

Instructor's Guide

Session Length: 1.5H (1-4) Guest | 2H (5-8) Guest

- **Opening Circle**

- Welcome participants
- Set collective intention
- Light grounding exercise

- **Group Compatibility Mapping**

- Introduce chosen modality (Human Design, Astrology, or Numerology)
- Share individual and group insights

- **Guided Meditation & Breathwork**

- Calming breath practice
- Team-themed visualization & silent reflection

- **Closing Circle**

- Reflective sharing
- Set future intentions as a team

THE SACRED UNION CEREMONY

A Pre-Wedding Ritual

Description: Honoring love, commitment, and the journey ahead – or the journey that continues. Designed for engaged or married couples – and the cherished community that surrounds them – The Sacred Union Ceremony is a heartfelt, intimate gathering that serves as either a pre-wedding ritual or a vow renewal. Through guided blessings, symbolic rituals, and moments of deep connection, couples and their guests celebrate love with intention, presence, and reverence.

Perfect For:

- Engagement celebrations
- Pre-wedding weekends
- Anniversary gatherings
- Vow renewals

Whats Included:

- Journeying Drumming Ceremony
- Intention and Keepsake ritual
- Champagne Toast
- Complimentary snacks and infused water
- Food and drinks for additional price

Set Up:

- Standard Seated Set up (1-8)
- Keepsake Platform
- Keepsake Ritual Tray
- Snack Table (Styled)
- Candle Light
- Flower/Crystal Grid
- Champagne Station

Materials:

- Feather pen
- handmade paper
- Candle
- keepsake box

Gifts:

- Stefana Wedding Crowns
- Keepsake Box

THE SACRED UNION CEREMONY

A Pre-Wedding Ritual

Instructor's Guide

Session Length: 1.5H (1-8) Guest

- **Opening Circle**

- Welcome Guest with Cacao
- Explain the purpose of Session
- Encourage opens

- **Guided Journey and Drum Circle**

- Drums act as a symbolic "heartbeat" connecting participants to each other, ancestors, and the spiritual world
- Meant to open them up to love

- **Keepsake Ritual**

- Dedicated time for each guest to light candle and write an intention for the couple and couple can write to each other
- intention will then be blessed by instructor and placed in Keepsake box
- Stefana Wedding Crown Ceremony (Place on their heads, have them cross crystal/flower grid)

- **Champagne Toast to Love**

- Time to reflect on experience
- Enjoy the space, snacks and drinks
- Close out the event

THE NURTURED LINEAGE

A Sacred Connection Ritual

Description: A heart-centered private experience designed for those wishing to deepen the emotional and energetic connection between family members or chosen kin. Through guided reflection, gentle rituals, and shared intention-setting, guests are invited into a space of mutual appreciation, clarity, and presence.

Perfect For:

- Pairs or small intergenerational groups looking to strengthen connection, improve communication, and honor lineage.

Whats Included:

- Guided Meditation for Connection & Understanding
- A Shared Release & Intention Ritual
- Aura Photography
- Complimentary snacks and infused water
- Food and drinks for additional price

Set Up:

- Standard Seated Set Up (1-8)
- Standard Platform
- Release & Intention Ritual Tray
- Aura Camera Station (Healing Room)
- Snack Table (Styled)
- Aura Light
- Ayurvedic oils

Materials:

- Burnable wish paper
- Burnable Intention prompts
- Brass bowl
- Writing Tools
- Lighter
- Aura Boxes/film
- Red thread/cord (Optional)

Gifts:

- Aura Box

THE NURTURED LINEAGE

A Sacred Connection Ritual

Instructor's Guide

Session Length: 2H (1-4) Guest

- **Welcome Circle**

- Set intention for the gathering.

- **Guided Meditation**

- Guide the group through a short grounding meditation focused on presence and lineage.

- **A Shared Release & Intention Ritual**

- Using burn intention paper they write what to release and burn
- Then using the red burn paper they write what intention they intend to send out

- **Aura Photography**

- Conclude with individual aura photographs and short energy readouts. Share insights and reinforce intentions.

- **Closing Circle**

- Tie red thread/cord to each guest wrist
- close out the event with encourage to continue practice at home

THE SANCTUARY OF RELEASE

A Grief & Healing Circle

Description: This gentle, supportive experience is designed for those navigating grief, emotional pain, or major life transitions. Held within a candlelit sanctuary, guests are guided through rituals of remembrance, clearing, and renewal. Through calming breath work, sound healing, and intuitive reflection, this circle offers a chance to release what no longer serves—and reconnect with peace. A sacred ceremony that uses the elements and seasons to signify the passage of grief through time as a way to honor the past and soften into the future.

Perfect For:

- Those moving through grief
- Emotional Healing
- Completion of Cycles
- Personal Transformation

Whats Included:

- A candlelight ritual to honor and release
- Sound healing & Clearing Session
- Intuitive Reflection Ritual
- Take-home gift to support continued healing
- Complimentary snacks and infused water
- Food and drinks for additional price

Set Up:

- Standard Seated Set Up (1-8)
- Sound Bath Platform | Candle Alter Platform
- Water Ritual Tray
- Snack Table (Styled)
- Candle Light

Materials:

- Ritual candles
- Water-soluble paper
- Feather pens
- Selenite slab
- Brass ritual bowls + Dried Herbs & flowers
- Tissues available in discreet areas
- Clearing/Smudging Items
- Optional: Cord/Rope

Gifts:

- Sacred Bells

THE SANCTUARY OF RELEASE

A Grief & Healing Circle

Instructor's Guide

Session Length: 2H (1-8) Guest

- **Opening**
 - Welcome circle and intention-setting
 - Throughout process allow for intuitive counseling and downloads for guest
- **Candlelight Release Ceremony (FIRE)**
 - Each participant lights a candle to honor a loved one or emotion, and places it at the alter
 - Quiet moment of reflection
- **Sound Healing & Clearing Session (EARTH)**
 - Gentle, paced breath work and Sound Healing
 - Allow for guest to express emotion and response to event
- **Intuitive Reflection Ritual (WATER)**
 - Encourage guest to write on water soluble paper, any deeper emotions that came out throughout the experience
- **Closing (AIR)**
 - Distribution of take-home gift

THE SELF-DISCOVERY RETREAT

A Personalized Day of Renewal

Description: This immersive self-care experience is an invitation to pause, realign, and reconnect with your inner truth. Created for moments of transition, clarity-seeking, or when your soul simply needs space to breathe, this private retreat blends ancient wisdom and modern wellness into a sacred journey of self-discovery.

Perfect For:

- solo self-care
- new beginnings
- personal breakthroughs

Whats Included:

- Your choice of a private Sound Healing or Guided Meditation
- Aura Photography & Intuitive Reading at both the beginning and end
- A Discovery Session: choose between Astrology, Palmistry, or Human Design
- A Direction Session: choose between a Card Reading or Spirit Guide Reading
- An Aura Cleanse and Reintegration Ritual
- Nourishment (Alchemy Order) and a take-home keepsake

Set Up:

- Depending on Choice: Standard platform | Sound Bath platform
- Self Discovery Bed Set Up (1)
- Depending on Choice: Human Design Tray or Palmistry Tray (swap for Astrology Printouts)
- Self Discovery chair
- Aura Camera Station or Palmistry Station (Healing Room)
- Snack Table (Styled)

Materials:

- depending on choice
 - human design material
 - Astrology materials
 - palmistry materials
- Card Deck(s) or Spirit Guide Visuals
- Clearing/Smudging Items
- Journal

Gifts:

- Materials from day
- Journal

THE SELF-DISCOVERY RETREAT

A Personalized Day of Renewal

Instructor's Guide

Session Length: 5H (1-2) Guest (Allow 2-5m in b/w each section)

- **Welcome & Intention Setting (10 mins)**
 - Warm welcome, Cacao and water offered
 - Quick overview of the experience (by event host)
 - (guest instructed to sit in chair)
 - play music for guest
- **Initial Aura Photography & Intuitive Reading (30 mins)**
 - Conduct aura photo + intuitive reading
 - Document initial observations for later comparison
 - (encourage guest to journal about what is being shared)
- **First Session - Sound Healing or Meditation (45 mins)**
 - Customize experience based on intention

(FIRST HOST CHECK)

- **Discovery Session (60 mins)**
 - Depending on choice: Astrology, Palmistry, or Human Design
 - Deep dive into the selected modality
- **Break + Light Nourishment (30 mins)**
 - light food provided
 - Gentle music or solitude encouraged

(SECOND HOST CHECK)

- **Direction Session (30 mins)**
 - Depending on choice: Card Pull or Spirit Guide Reading
 - Guide them gently and allow for personal reflection
- **Aura Cleanse & Reintegration Ritual (15 mins)**
 - Energetic cleanse with sound, smoke, or crystal-based techniques
 - Grounding and integration to close the loop
- **Final Aura Photography & Reading (30 mins)**
 - Compare and discuss changes
 - Highlight transformation or shift
- **Closing (15 mins) (LED BY HOST)**
 - Reflective conversation
 - Encourage further integration at home

THE COSMIC COUPLE'S SESSION

A Zodiac-Inspired Date Night

Description: Discover the cosmic layers of your connection in this romantic and revealing session for two. Playful yet profound, this experience blends astrology, aura work, and spiritual rituals that reflect your unique love story—offering deeper insight and renewed intimacy.

Must Provide Birth Info on Final Payment Day

Perfect For:

- Couples at any stage—whether new or long-term.

Whats Included:

- Couples' Aura Photography & Compatibility Reading
- Mini Astrology Compatibility Insights
- Tarot or Oracle Reading for Your Relationship Path
- Mocktails Included Complimentary snacks and infused water
- Food and drinks for additional price

Set Up:

- Love Seat Set Up (2)
- Standard Platform
- Cosmic Couple Tray
- Aura Camera Station (Healing Room)
- Snack Table (Styled)
- Candle Light
- Mocktail Station

Materials:

- Aura box
- Cosmic Couples Sheet
- Tarot and/or Oracle deck

Gifts:

- Aura box

Mocktail Notes:

- The signature drink will be selected during booking
- Pre-place for presentation

THE COSMIC COUPLE'S SESSION

A Zodiac-Inspired Date Night

Instructor's Guide

Session Length: 1.5H (2) Guest

- **Welcome & Intention Setting**
 - Brief intro and welcome
 - Invite couple to share what drew them to the session
 - Explain structure of the experience
- **Aura Photography & Compatibility Reading**
 - Capture each person's aura photo
 - Conduct a reading that weaves in both individual energies and how they align
 - Highlight contrasts, overlaps, and combined vibrational energy
- **Astrology Compatibility Mini Reading**
 - High-level look at sun, moon, and rising signs
 - Compare placements and themes in love/connection
 - Keep language light, loving, and exploratory
- **Relationship Tarot or Oracle Reading**
 - Choose a deck intuitively or let couple pick
 - Layout a spread tailored to "relationship path," "strengths," "next steps" or "guides"
 - Share interpretation and encourage dialogue
- **Closing & Integration (10 mins)**
 - Invite couple to reflect or share final thoughts
 - Wrap up with a final blessing or visualization

THE RADIANT ARRIVAL

A Gathering for Expecting Families

Description: A soul-nourishing alternative to the traditional baby shower, this baby blessing celebrates the sacred journey into parenthood. Designed with love and mindfulness, it offers a space to reflect, share blessings, and welcome new life with tenderness and support.

Perfect For:

- Expecting parents
- modern baby showers
- intimate family gatherings

Whats Included:

- Celebratory Sound Ceremony
- Intention and Keepsake ritual
- Aura photography for the mother (includes complimentary return session post-birth)
- Complimentary snacks and infused water
- Food and drinks for additional price

Set Up:

- Standard Seated Set Up (1-8)
- Keepsake Platform
- Keepsake Ritual Tray
- Aura Camera Station (Healing Room)
- Snack Table (Styled)
- Candle Light
- Flower/Crystal Grid
- Mocktails Station

Materials:

- Aura Boxes
- Feather pen
- Handmade paper
- Selenite Slab
- Keepsake box

Gifts:

- Aura Box & Keepsake Box for Mother Only
- Votive Candle for All Guest
- Follow-up card with complimentary return aura session

Mocktail Notes:

- The signature drink will be selected during booking
- Pre-place for presentation

THE RADIANT ARRIVAL

A Gathering for Expecting Families

Instructor's Guide

Session Length: 1.5H (1-8) Guest

- **Welcome**
 - Greet each guest with warmth.
 - Encourage settling into the space
 - explain the journey
- **Celebratory Sound Ceremony**
 - Guided Sound Ceremony that can encompass different tools and instruments
- **Keepsake ritual**
 - If music is not already playing, set the vibe with a thoughtful playlist
 - Dedicated time for each guest to write an intention for the baby
 - intention will then be blessed by instructor and placed in Keepsake box
- **Aura Photography for the Mother**
 - During the guest participating in Keepsake Ritual, take the mother to be's aura and have private reading in healing room
- **Closing Circle**
 - Time to reflect on experience
 - Enjoy the space, snacks and drinks
 - Close out the event

SEASONAL & LIMITED-TIME GATHERINGS



Our Seasonal & Limited-Time Gatherings are unique moments in the PALOMA journey – Special experiences that appear only for a short time. From holiday rituals and seasonal private events to our semi-annual sales and pop-up retail shops, each gathering is crafted with intention to celebrate the spirit of the season and bring something rare, memorable, and enriching to your wellness ritual.

THE GIFT OF PRESENCE

Celebrate the season with generosity and connection

Description: Step into a gathering designed to bring warmth, reflection, and joy as the holiday season approaches. Slow down from the endless hustle and bustle of the holidays with a guided meditation. Join us in a gratitude ritual—an opportunity to open your heart, discover something new within yourself, and remember what’s truly important, especially now. To finish, share connection over holiday-inspired mocktails and seasonal snacks. Cozy, uplifting, and filled with intention, this experience creates space to return to what matters most: generosity, joy, and the simple beauty of being with the people you love during the season that celebrates togetherness.

Perfect For:

- Families
- Close friends
- Small groups

Whats Included:

- Guided Meditation
- Gratitude Ritual
- Holiday Mocktails & Seasonal Treats
- Complimentary snacks and infused water
- Food and drinks for additional price

Set Up:

- Standard Seated Set Up (1-8)
- Standard Platform
- Gratitude Ritual Tray
- Snack Table (Styled)
- Candle Light
- Garland Alter (Holly, Pine Cones, Cranberries)

Materials:

- Twine String
- Bundle Building Herbs
- Burnable Wish Paper
- Writing tools

Gifts:

- Wrapped Intention Herb Bundle

THE GIFT OF PRESENCE

Celebrate the season with generosity and connection

Instructor's Guide

Session Length: 1.5H (1-8) Guest

- **Welcome**

- Greet each guest with warmth.
- Encourage settling into the space
- explain the journey

- **Guided Meditation**

- Lead guest through a themed Meditation about gratitude and connection
- encourage each guest to share experience

- **Gratitude Ritual**

- Instruct guest to write both what they need to release this season and what they are subsequently grateful for
- have guest create their own burnable, wrap in twine, and attached scrolled inscription

- **Shared Connection**

- have guest relax and spend quality time together enjoying holiday mocktails and seasonal snacks

THE NEW YEAR VISIONING

Step into the New Year With Clarity

Description: Gather with your people this season and began to imagine the new year ahead. This experience offers a chance to get excited as you prepare for the change that comes with the end of a season. Look forward to whats to come and how you can make it possible with the power of dreaming big, setting intentions, and manifesting the energy you want to carry into the new year. Though meditation, vision boarding, and a glimpse into the cards for what the future may hold, you're invited to welcome what's ahead with clarity and joy.

Perfect For:

- Intention-setters
- Fresh starts
- Friends looking to support one another in change

Whats Included:

- Guided manifestation meditation
- Personalized vision-board building
- Tarot or Oracle reading for the year ahead
- Holiday Mocktails & Seasonal Treats
- Complimentary snacks and infused water
- Food and drinks for additional price

Set Up:

- Standard Seated Set Up (1-8)
- Standard Platform
- Vision Board Tray
- Snack Table Styled
- Aura Light

Materials:

- Vision Board Kits
- Tarot or Oracle Cards

Gifts:

- Vision Board

THE NEW YEAR VISIONING

Step into the New Year With Clarity

Instructor's Guide

Session Length: 2H (1-8) Guest

- **Welcome**
 - Greet each guest with warmth.
 - Encourage settling into the space
 - explain the journey
- **Guided Meditation**
 - Lead guest through a themed Meditation focusing on manifestation
 - encourage each guest to share experience
- **Vision Board Building**
 - Walk through the process of creating a vision board and allow time for them to create together
- **Shared Connection**
 - have guest relax and spend quality time together enjoying holiday mocktails and seasonal snacks

SET UP KEY - SEATING



STANDARD SEATED SET UP (1-8)



STANDARD BED SET UP (1-6)



REIKI BED SET UP (1-6)



SET UP KEY - SEATING

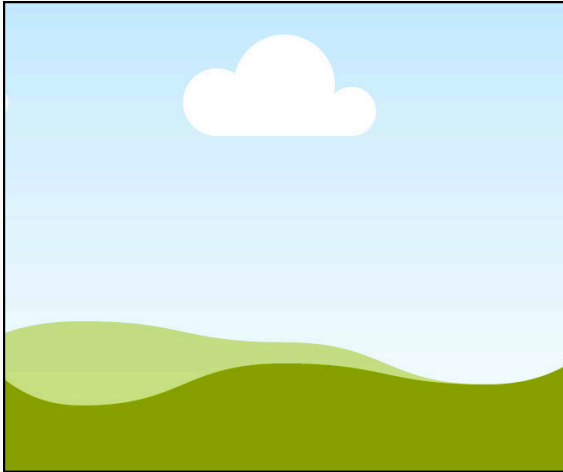


SELF DISCOVERY BED SET UP (1)



LOVE SEAT SET UP (2)

SET UP KEY – SEATING ADD ON PLACEMENT



STANDARD SIDE TABLE
SET UP



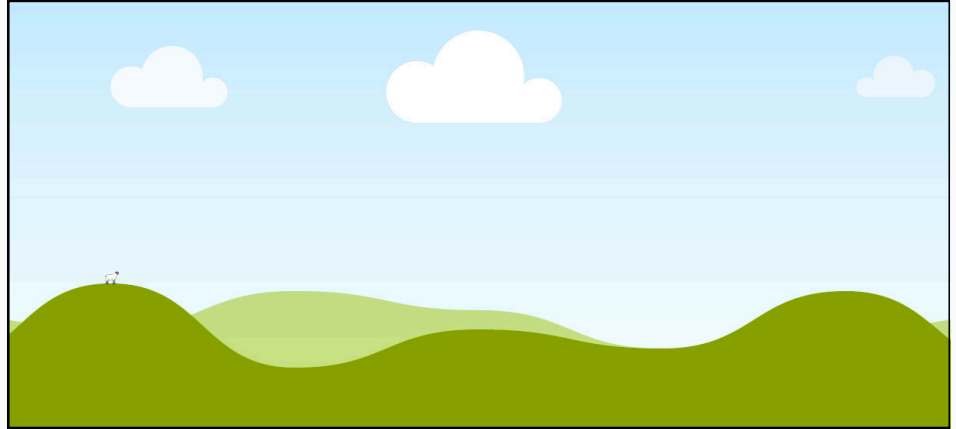
STANDARD BED SET UP
WITH TRAY



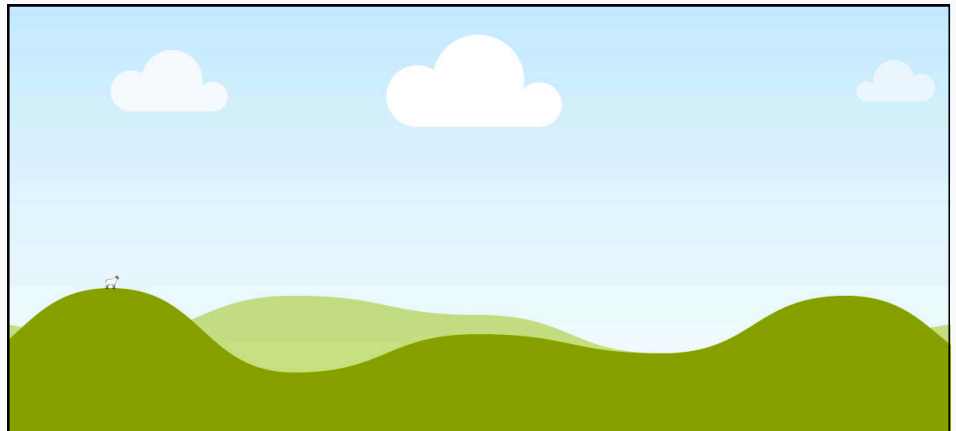
STANDARD SEATED SET
UP W/ TRAY

SET UP KEY - PLATFORM/ALTER/LIGHTING

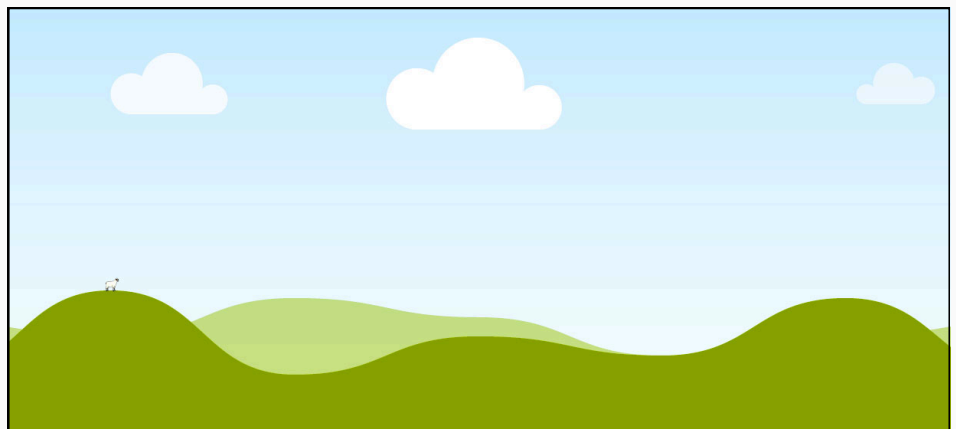
STANDARD
PLATFORM



SOUND BATH
PLATFORM

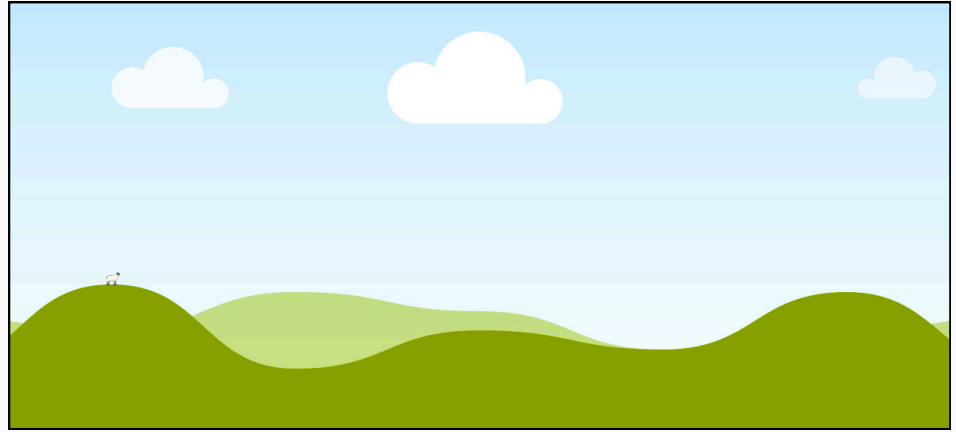


KEEPSAKE
PLATFORM

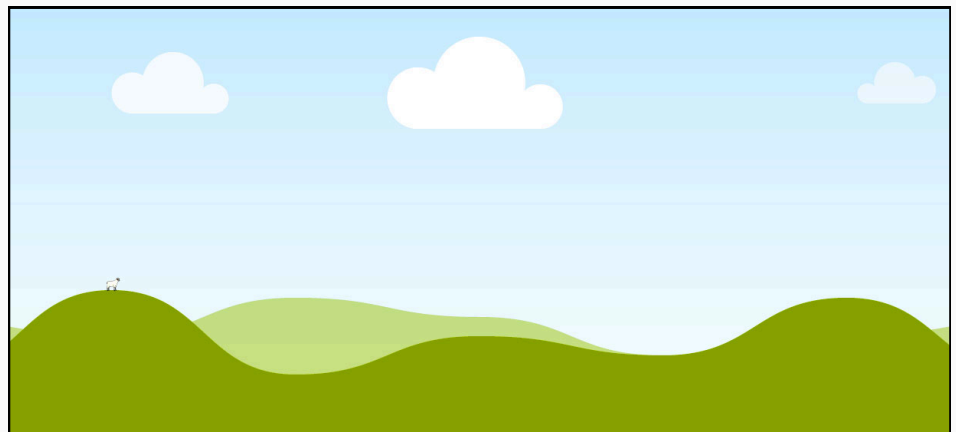


SET UP KEY - PLATFORM/ALTER/LIGHTING

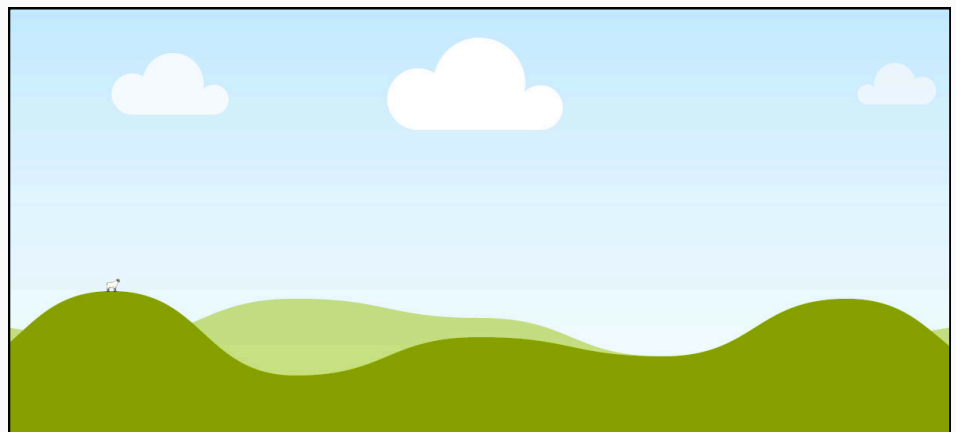
AURA
LIGHT



FLOWER/
CRYSTAL GRID



CANDLE ALTER
PLATFORM



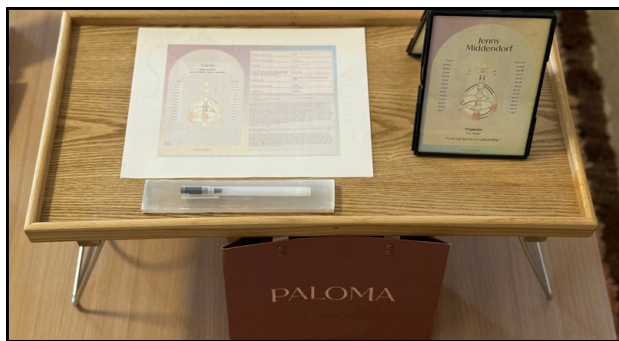
SET UP KEY - TRAYS



RITUAL SPELL JAR TRAY



TAROT TRAY



HUMAN DESIGN TRAY



WATER RITUAL TRAY



PALMISTRY TRAY



AURA TRAY



BREATH WORK RITUAL TRAY



RELEASE & INTENTION RITUAL TRAY

SET UP KEY - TRAYS



KEEPSAKE RITUAL TRAY

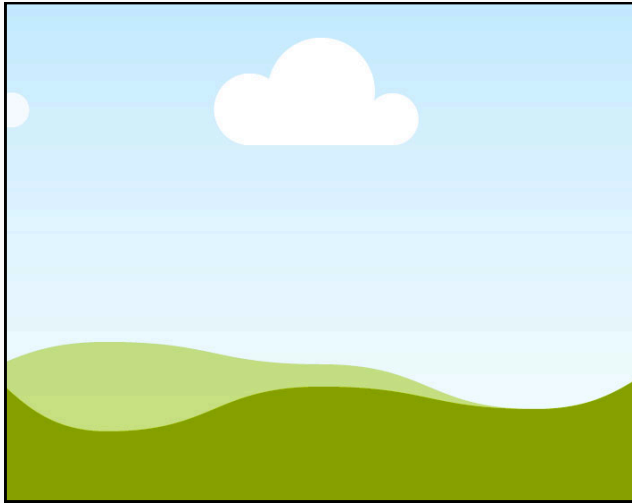


COSMIC COUPLE TRAY

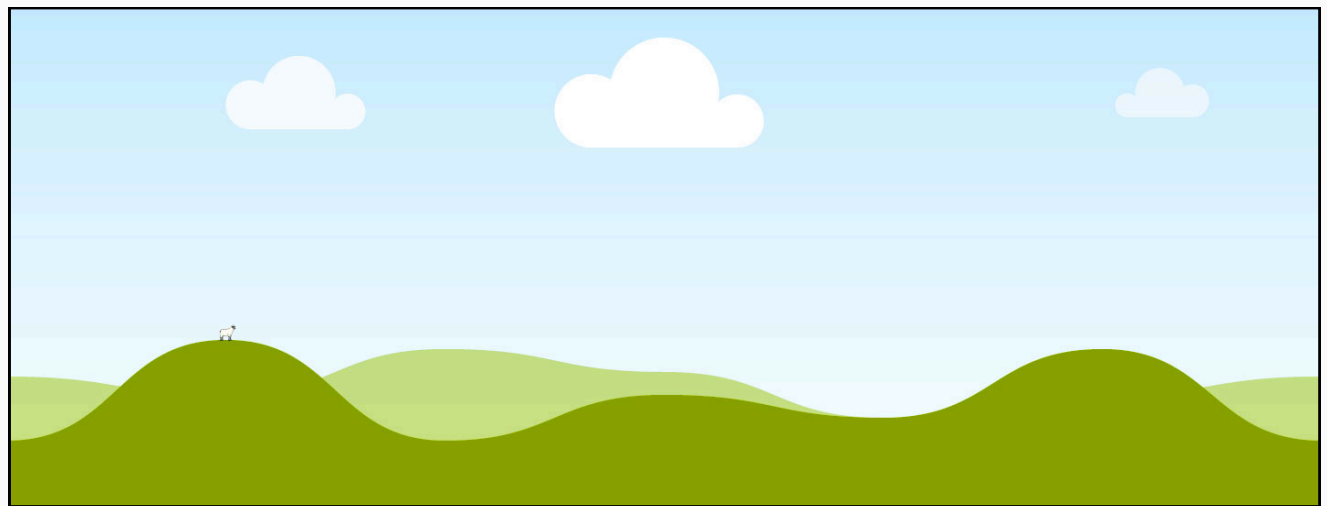
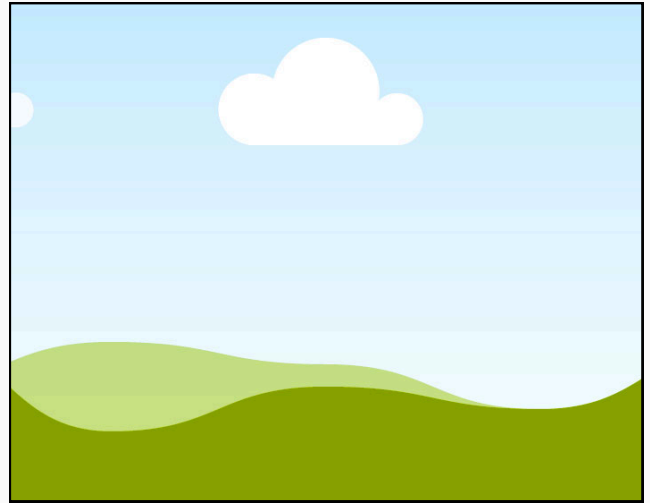


SELF DISCOVERY CHAIR

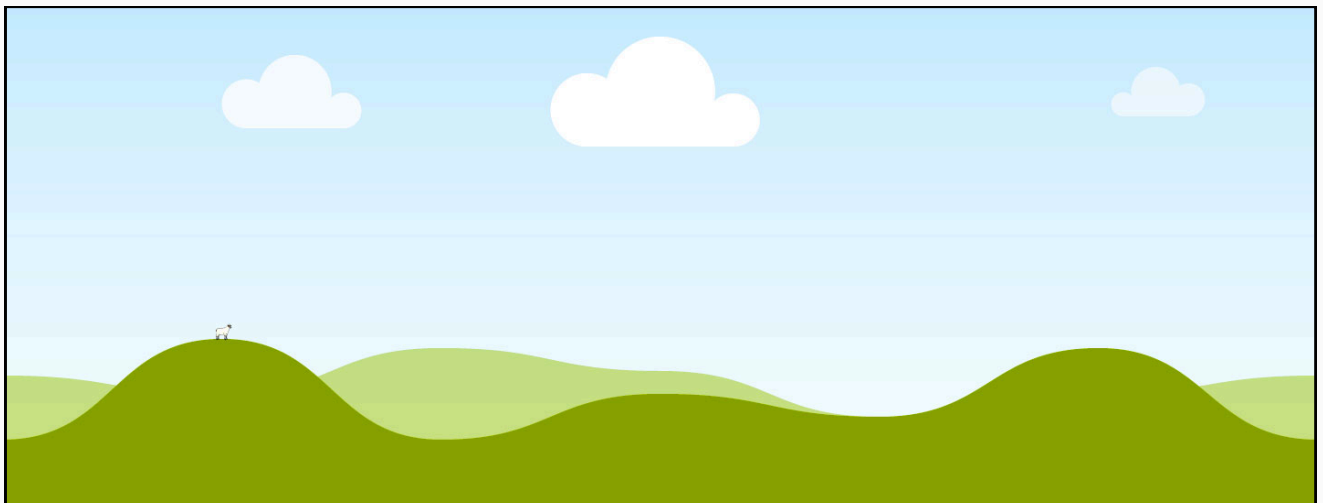
SET UP KEY - HEALING ROOM



AURA CAMERA STATION (HEALING ROOM)



PALMISTRY STATION (HEALING ROOM)

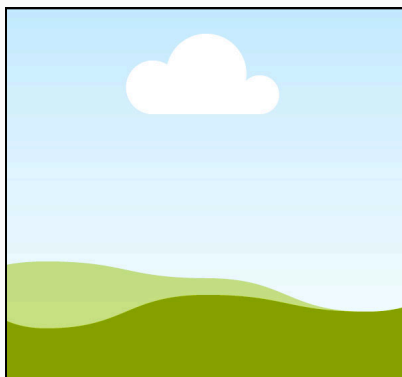


REIKI STATION (HEALING ROOM)

MATERIALS KEY



AURA BOXES &
FILM



WATER-SOLUBLE
PAPER



FEATHER PENS



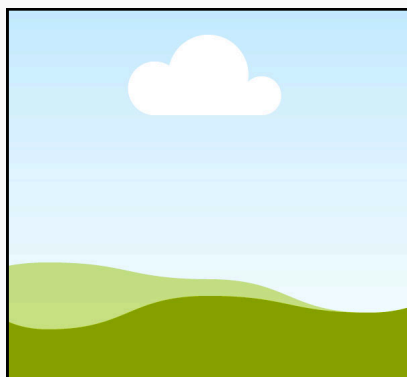
SELENITE SLAB



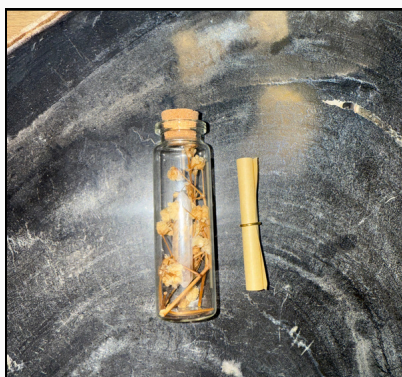
BRASS BOWLS



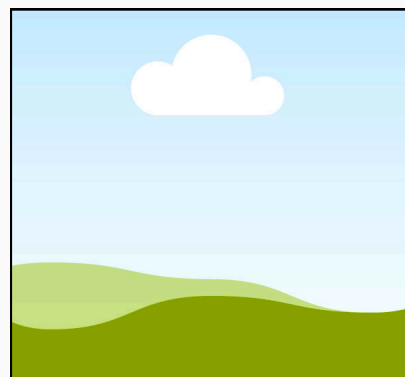
DRIED HERBS &
FLOWERS



ELEMENT SHEET



PRE-FILLED SPELL
JARS

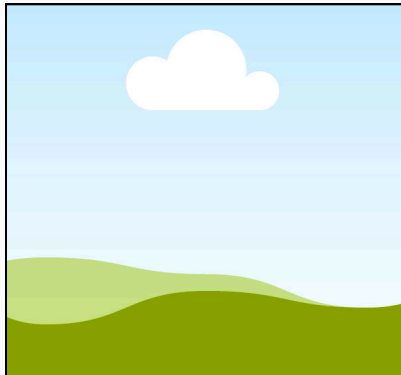


CLEARING/
SMUDGING ITEMS

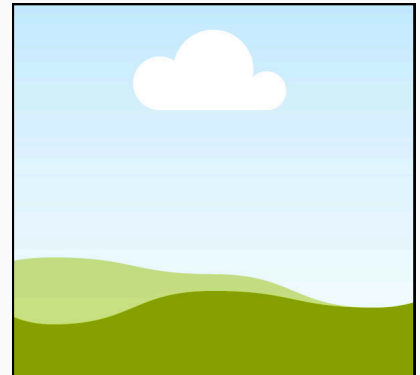
MATERIALS KEY



AYURVEDIC OILS



TWINE STRING



BUNDLE BUILDING
HERBS



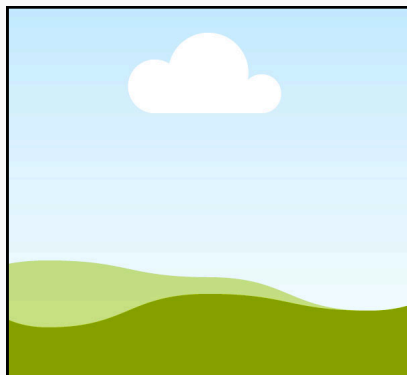
PETRIFIED WOOD
COASTER



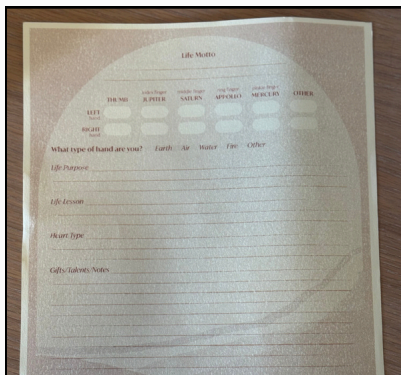
CLEANSING WATER



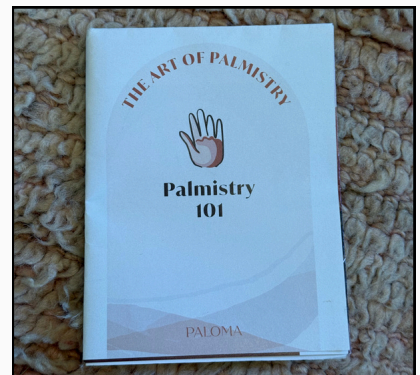
LINEN
HANDKERCHIEF



ORACLE CARDS

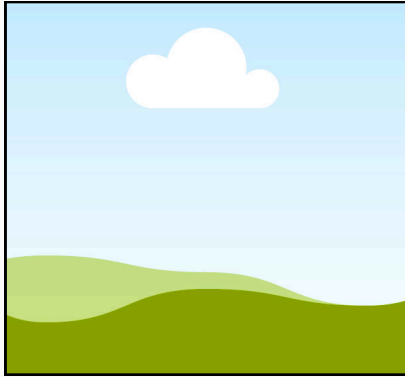


PALMISTRY
PAPERS

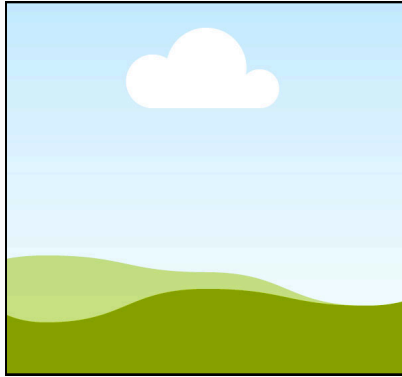


PALMISTRY 101
HANDOUT

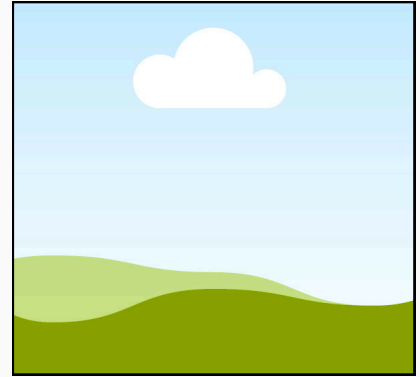
MATERIALS KEY



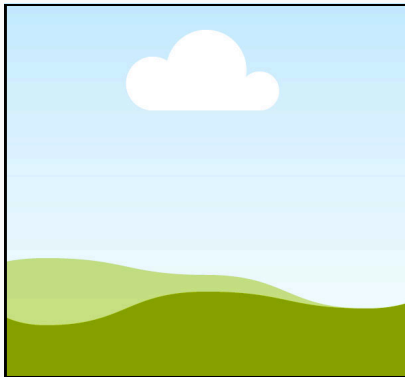
HUMAN DESIGN
PACKET



HUMAN DESIGN
SHEET



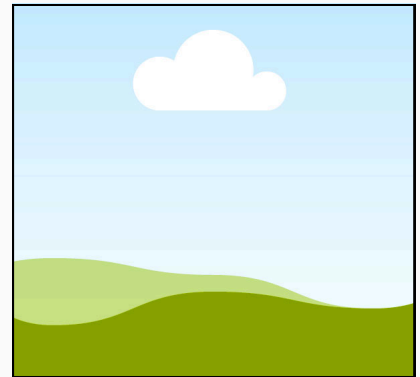
PERSONALIZED HD
FRAME



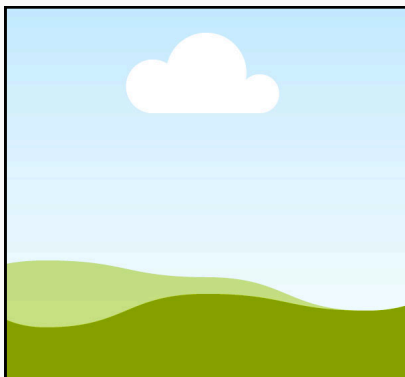
TAROT CARDS



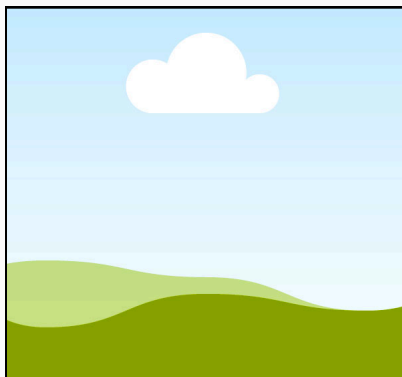
OXNY DISH



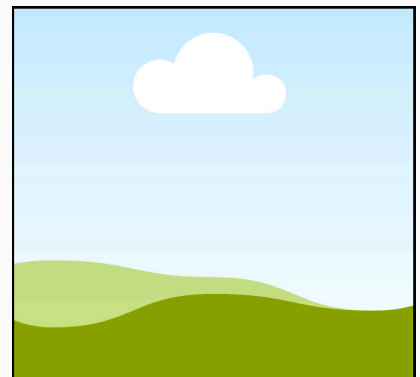
SMUDGE BOWL



JOURNAL PAPER

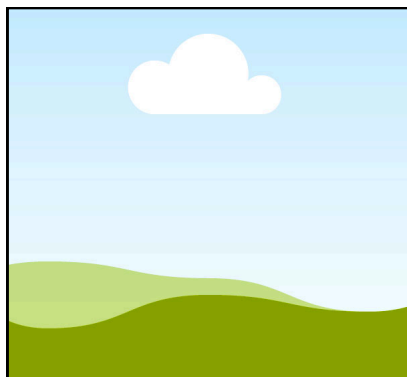


WRITING TOOLS

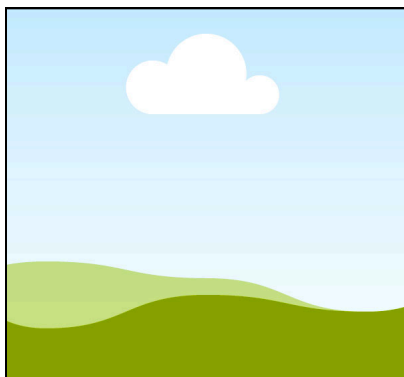


JOURNALS

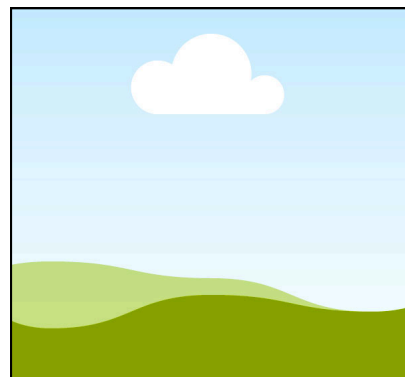
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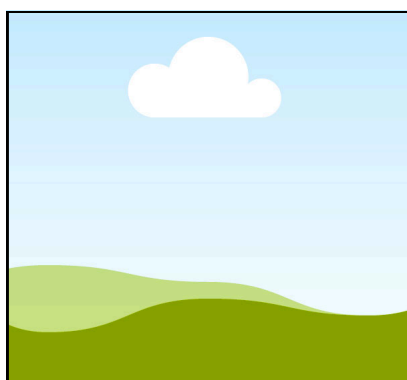
ASTROLOGY TEAM
BUILDING SHEET



NUMEROLOGY
PACKET



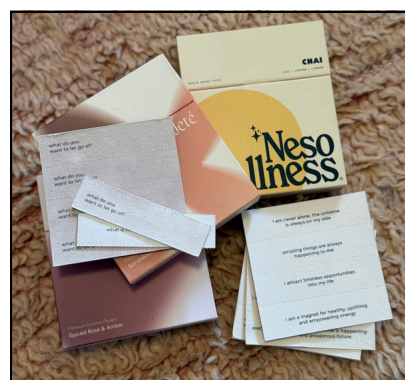
HANDMADE PAPER



KEEPSAKE BOX



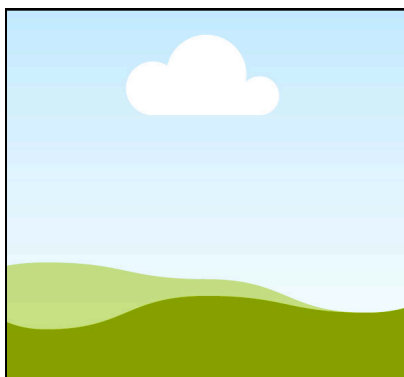
BURNABLE WISH
PAPER



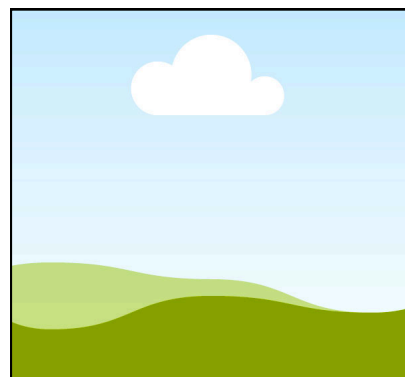
BURNABLE
INTENTION
PROMPTS



MATCHES

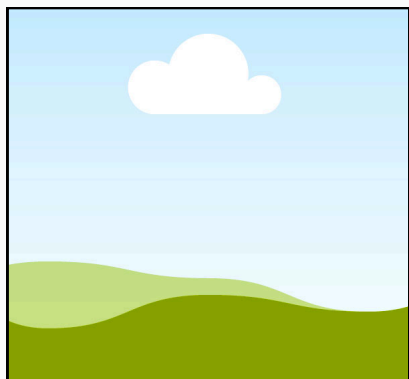


COSMIC COUPLES
SHEET

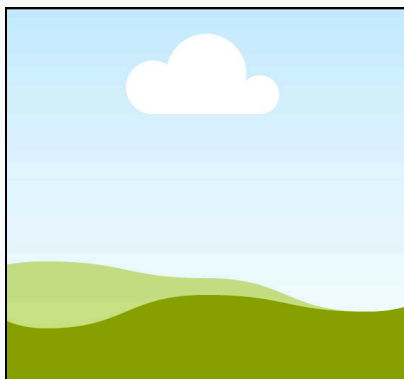


SPIRIT GUIDE
VISUALS

MATERIALS KEY



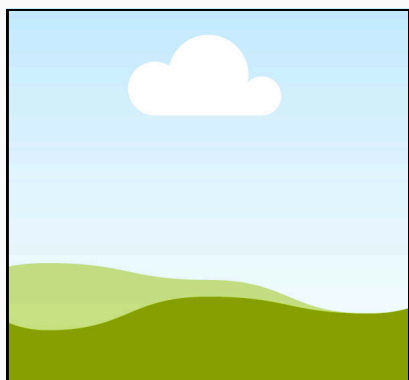
TISSUES



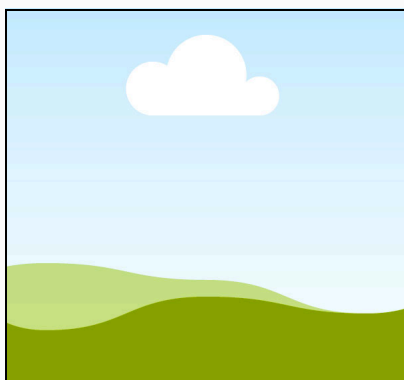
WOVEN / RATTAN
DISH



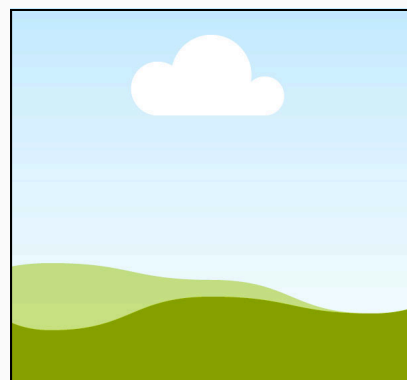
SUEDE SOLAR
RETURN RITUAL KIT



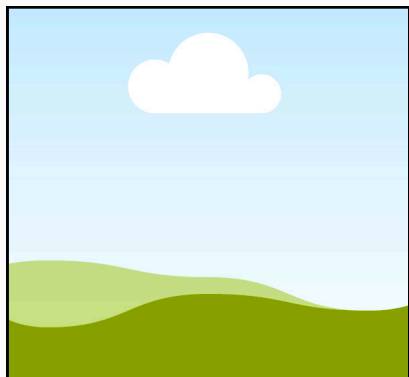
VISION BOARD KIT



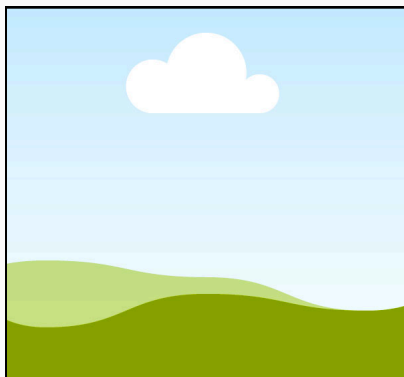
ALTER CANDLES



STEFANA WEDDING
CROWN



RED THREAD/CORD



JUTE CORD



VOTIVE CANDLES

DRINK + FOOD SERVICE



SNACK TABLE
(STYLED)

DRINK + FOOD SERVICE

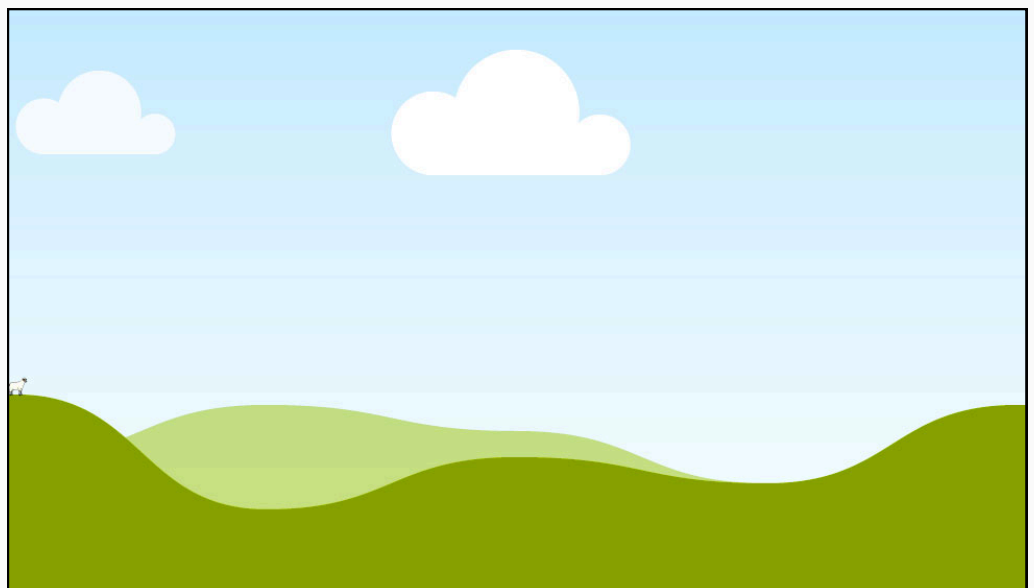
CHAMPAGNE
STATION



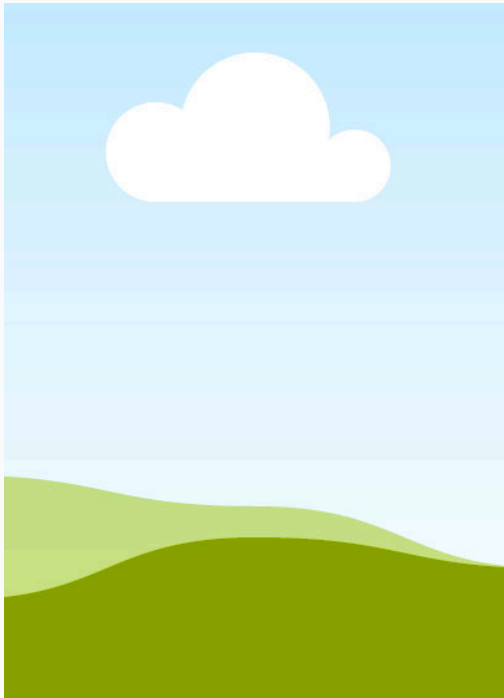
MOCKTAIL
STATION



CATTERED
FOOD



MOCKTAIL KEY + MENU

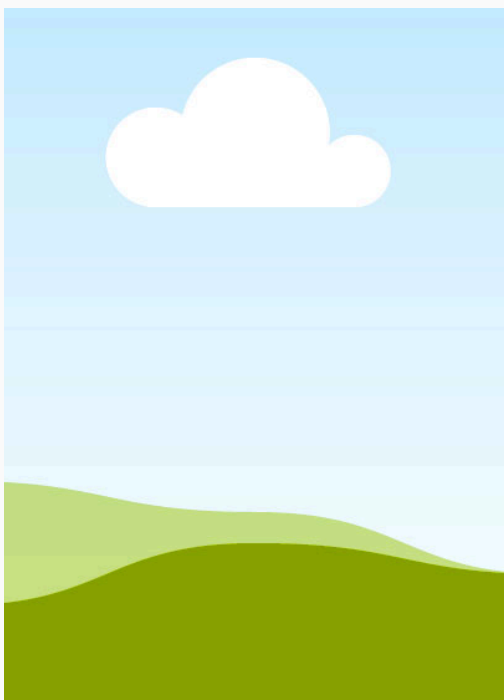
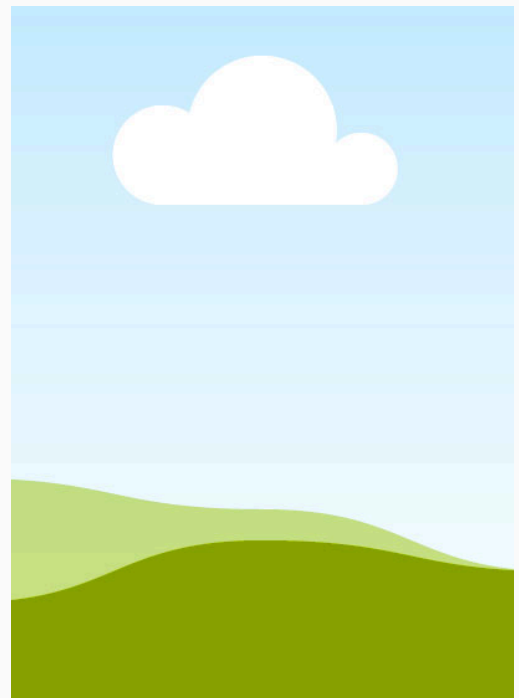


ZEN HIBISCUS

Base: Recess Pomegranate Hibiscus
Garnish:

AMBER ZEST

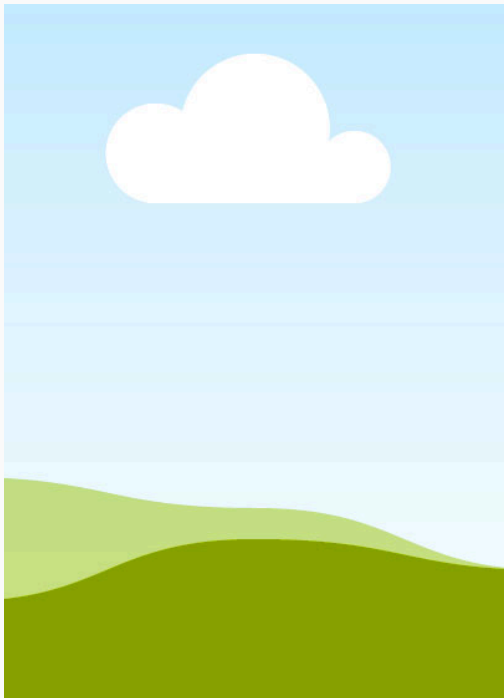
Base: Recess Blood Orange
Garnish:



TRANQUIL PALOMA

Base: Recess Mood Grapefruit
Tangerine
Garnish:

MOCKTAIL KEY + MENU



LIQUID ORCHID

Base: Recess Mood Black Cherry

Garnish:

WILD BERRY PRISM

Base: Recess Blackberry Chai

Garnish:

